

* Oferim el valor nutricional de totes les elaboracions, complint el Reglament 1169/2011, l'empresa té a la seua disposició els al·lèrgens que conté cada plat. Poden sol·licitar-ho a colectividades@intur.com | Descarrega't mensualment els menús a www.casaintur.com o en la nostra APP "Intur APP"

No cuinem amb potenciadors del sabor ni colorants artificials. Incluem lacticis de proximitat amb reducció de sucre enfront d'edicions anteriors. El nostre menú inclou vegetals i fruits frescos de temporada.

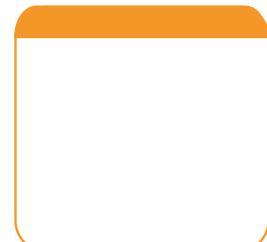
Menú recomanat i validat nutricionalment per la dietista - nutricionista col·legiada núm. CV00639.



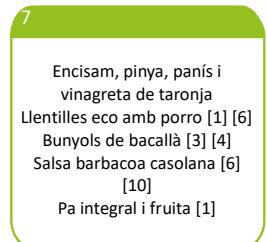
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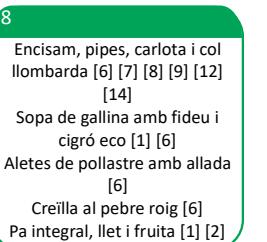
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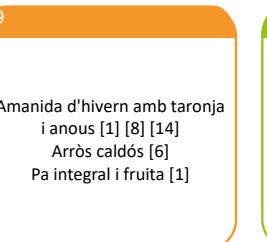
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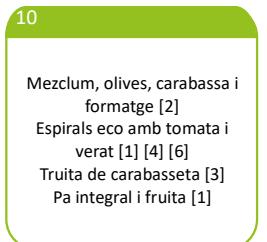
DIMECRES



DIJOUS



DIVENDRES



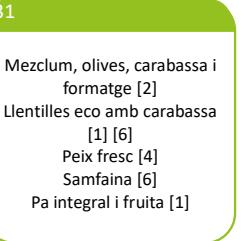
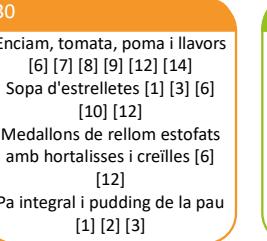
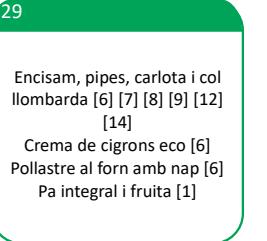
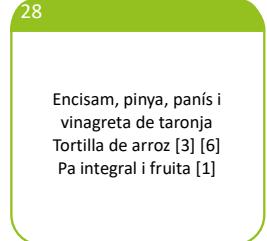
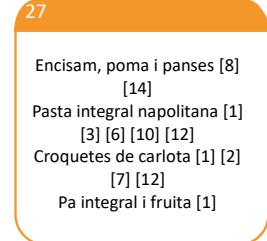
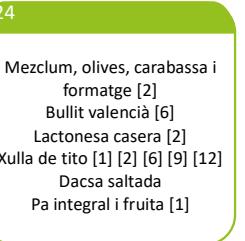
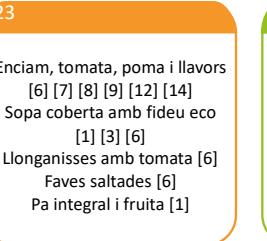
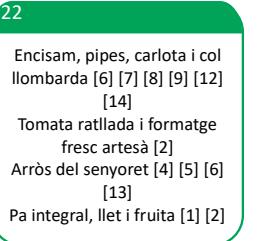
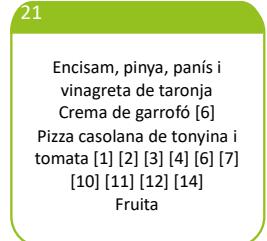
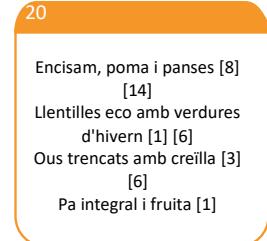
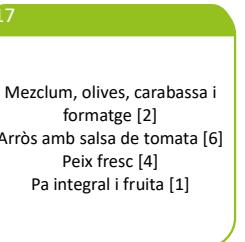
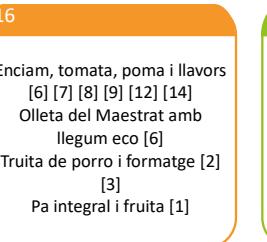
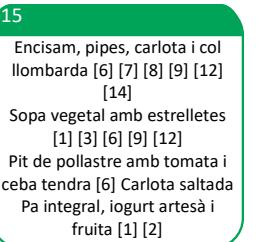
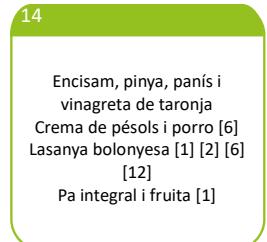
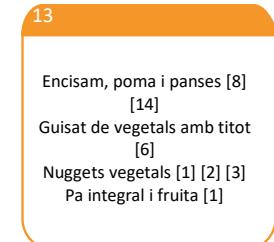
VALORACIÓ NUTRICIONAL

Energia - 2965 Kj / 709 Kcal
LIP - 26.7 g
AGS - 5.3 g
HC - 85.7 g
Sucre - 24.4 g
Proteïnes - 27.1 g
Sal - 2.4 g

Energia - 2769 Kj / 662 Kcal
LIP - 25.1 g
AGS - 5.6 g
HC - 80.6 g
Sucre - 26.4 g
Proteïnes - 26.5 g
Sal - 2.2 g

Energia - 3043 Kj / 728 Kcal
LIP - 29.3 g
AGS - 7.8 g
HC - 79.1 g
Sucre - 25.6 g
Proteïnes - 31.0 g
Sal - 2.7 g

Energia - 2773 Kj / 663 Kcal
LIP - 22.9 g
AGS - 4.8 g
HC - 84.9 g
Sucre - 26.3 g
Proteïnes - 29.7 g
Sal - 2.3 g



[1] Gluten



[2] Lactis



[3] Ou



[4] Peix



[5] Mol·luscs



[6] SO₂, sulfits



[7] Sèsam



[8] Cacauets



[9] Tramussos



[10] Mostassa



[11] Soia



[13] Crustacis



[14] Fruits de closca