



The Spanish woman with 4 Paralympic diplomas

Loida Zabala

Por Enrique López



Contents

1. ¿Who is Loida Zabala?

2. Sports career

3. Final conclusion

The background of the slide is decorated with a variety of colorful triangles in shades of blue, yellow, pink, green, and purple, scattered across the top and sides. The text is centered on a white background.

PART 01

Who's Loida Zabala ?



Who's Loida Zabala ?

**HER LEGS STOPPED
WALKING**

WHEN SHE WAS JUST 11 YEARS OLD



**Navamoral de la
Mata (1987)**

**CÁCERES, EXTREMADURA
(SPAIN)**



WEIGHTLIFTING

AT 18 YEARS OLD



PART 02

Sports career



Sports career

2006 – GOLD MEDAL IN GREECE

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2008- 2013: NATIONAL CHAMPIONSHIPS WINNER

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2008: 7th AT THE BEIJING OLYMPICS



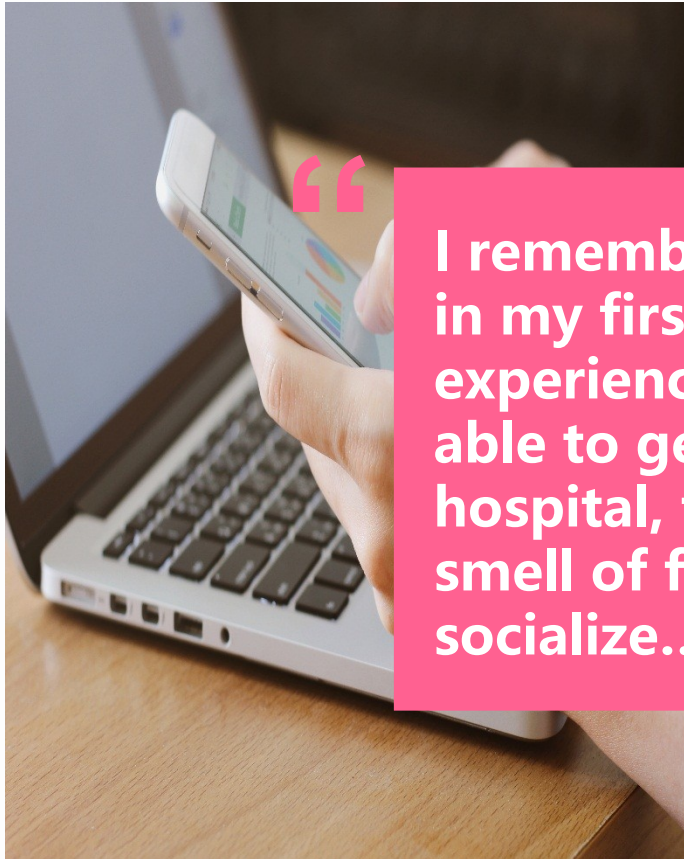
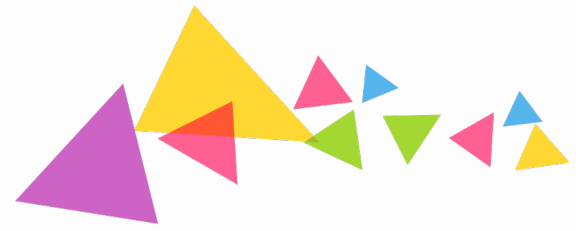
Sports career

**2011 – BRONZE MEDAL WORLD
CHAMPIONSHIP OF THE ARAB EMIRATES**

2016: 5th AT THE RIO DE JANEIRO GAMES

**2017: GOLD MEDAL AT THE ADAPTED
WEIGHTLIFTING WORLD CUP**





I remember perfectly the moment when I sat in my first wheelchair. That was when I finally experienced the feeling of freedom. I was able to get out of those four walls of the hospital, feel the breeze on your face , the smell of fresh coffee every morning, socialize...



A decorative pattern of overlapping, semi-transparent hexagons in various colors (pink, yellow, blue, green, purple) located in the top-left corner of the slide.

Thank you for watching

A decorative pattern of overlapping, semi-transparent hexagons in various colors (pink, yellow, blue, green, purple) located in the bottom-right corner of the slide.



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IES LLOIXA (SPAIN)

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