

ERASMUS + CURS DE FORMACIÓ:

“Introduction to the Finnish Education Model”

(VALENCIÀ)

L'educació finlandesa és coneguda com una de les millors del món, per la qual cosa vam decidir fer un curs sobre el seu sistema educatiu. En aquest curs ens hem adonat que no existeix la perfecció, que tenim moltes coses en comú i altres que es podrien millorar.

Alguns dels aspectes que són fonamentals en l'educació finlandesa són: gratuïtat de l'educació inclosa l'universitat, així com els llibres; foment de la lectura i la importància de l'educació des de l'àmbit familiar i social; enfocament en veure la part positiva de tot allò que els passa, i treball de les seues propies fortaleces; ús de l'aprenentatge col·laboratiu per projectes; reputació i confiança cap al professorat des de la societat; i canvis en la llei educativa proposats per experts en educació.

No obstant això, hem arribat a la conclusió que tant els/les docents de Finlàndia com els d'Espanya afrontem reptes diaris molt semblats com l'ús del mòbil a l'adolescència, conflictes a l'aula i necessitat de recursos per a la millora educativa.

(ANGLÈS)

Finnish Education is considered as one of the best around the world and that's the reason why we wanted to learn about it. In the course we've attend, we've noticed our education model has some things in common and another issues which could be improved.

Some characteristics in Finnish Education Model are: teaching and books are free, reading is promoted from home, students work on “see the good” and the improvement of their strenghts, they usually work by phenomenom base learning, society appreciates teachers' job and changes in education are proposed by experts.

However, teachers in Finland need to manage with similar issues than in Spain, as the use of mobile phones, conflicts in the classroom and the need of resources for improving education.





SCHOOL CULTURE
Inclusion
europass Finland

In Finland, schools provide equal learning opportunities for all students, regardless of their abilities, backgrounds, or needs.

What resources and support systems are available to help implement inclusive practices?

How can you create a welcoming and supportive environment for all students?

Tips

- Implement peer buddy programs that pair students to foster friendships, support, and mutual learning.
- Use assistive technology to support students.
- Practice Universal Design for Learning (UDL) to create lesson plans that accommodate all learners by providing multiple means of engagement, representation, action, and expression.

SCHOOL CULTURE
Co-teaching
europass Finland

Co-teaching supports teachers' professional growth through collaborative work and interaction between educators. This approach provides opportunities for mutual learning and reflection on teaching practices and professional roles.

How does collaboration with another teacher impact your instructional strategies?

What possibilities does co-teaching create at its best?

Tips

- Agree on rules and roles: Define each teacher's responsibilities and areas of expertise.
- Try station teaching: Each teacher leads instruction at one station, and students rotate.
- Use flexible grouping: One teacher works with a small group of students who need additional support, while the other teaches the rest of the class.

SCHOOL CULTURE
Role of homework
europass Finland

In Finland, the amount of homework is very limited to prioritize students' free time after school.

What is the primary purpose of homework in your classroom?

How can you differentiate homework assignments to meet the diverse learning needs of your students?

Tips

- Allow students to choose their own homework assignments.
- Provide tasks that encourage students to apply their learning in practical ways at home.
- Offer a homework session on school premises after school.

SCHOOL CULTURE
School lunch
europass Finland

In Finland, schools provide free, healthy lunches, promoting social interaction and community building among students.

What steps can be taken to ensure that lunch periods are sufficiently long for students to eat comfortably and socialize?

Can social media or themed lunches be incorporated to celebrate various cultural traditions and holidays?

Tips

- Organize a communal lunch break together with your students.
- Prepare conversation topics and question cards to guide conversations at the lunch table.
- Organize a food fair.

SCHOOL CULTURE
Break Time
europass Finland

In Finland, breaks after each lesson help students process information, improving focus and behavior. Rest and play throughout the day support better learning and engagement.

How many breaks do your students have during the day?

How does break time impact students' ability to stay focused and engaged during lessons?

Tips

- Create a daily schedule that includes short breaks after every lesson.
- Allow students to choose their activities during break time.
- Try short breaks during the lesson (e.g., dance breaks, brain breaks).

SCHOOL CULTURE
Anti-bullying
europass Finland

Finland schools implement comprehensive anti-bullying strategies to create safe and inclusive environments. These practices include proactive prevention, early intervention, and fostering a culture of respect.

What tools are you using to prevent bullying?

What else is still needed?

Tips

- Devices and regularly update an anti-bullying strategy.
- Teach social-emotional skills and safety practices.
- Implement an anti-bullying program, such as KiVa (a Finnish program).

SCHOOL CULTURE
Shared Leadership
europass Finland

Team-based leadership is adopted by many Finnish schools. Team members guide each other, fostering a collegial learning environment. The principal serves as a coach for team leaders, while team leaders mentor their team members.

What does shared leadership mean to you in the context of school administration and management?

What are the potential benefits of shared leadership in schools, particularly in terms of improving learning outcomes and fostering a positive school culture?

Tips

- Establish a clear vision and purpose.
- Create supportive structures and processes.
- Build trust and respect among team members.

SCHOOL CULTURE
Home-School Partnership
europass Finland

Cooperation between schools and home is based on trust, mutual respect, and equality. Parents are viewed as partners in their children's education.

Reflect on your own experiences with parent-teacher meetings. How effectively do you think these meetings foster collaboration between parents and educators?

What strategies have worked for you, and what hasn't? Why?

Tips

- Make the first contact with home positive, for example, send a positive feedback message.
- Focus on strengths and future steps instead of the past.
- Offer support, provide resources, worksheets, and guidance on how to support learning at home.

SCHOOL CULTURE
Shared Responsibility
europass Finland

The responsibility to achieve desirable learning outcomes is shared among the national agency, education providers, school communities, teachers, parents, and students.

How would you effectively engage guardians in participating and being healthy upbringing of children, without oversteering teachers?

How would you empower your students to take responsibility for their learning?

Tips

- Maintain regular communication with guardians and ensure transparency of their children, e.g., using digital communication platforms.
- Equip students with the competence of learning to learn, e.g., self-management skills, time setting, habits of reflection.
- Create a peer learning community to empower students to be responsible for their learning and support each other.

SCHOOL CULTURE
Flexible Learning Environment
europass Finland

A thoughtfully arranged physical learning environment engages learners in both individual and teamwork activities more effectively and encourages desirable behaviors.

What are the best possible learning environment settings for the following purposes?

- Presentations and lectures
- Group work
- Individual activities
- Workshops

How does your school or institution provide various learning environments to facilitate different types of pedagogical activities?

Tips

- Set up a chilling zone with cushions, beanbags, or carpet for informal interactions and calming purposes.
- Purchase classroom furniture with flexibility in mind, such as tables and chairs on wheels.
- If your classroom setting is fixed and cannot be changed, get creative and try to look for space outside the classroom to turn into a learning area.



