

Dear families,

Flu is a disease caused by a virus that spreads from person to person through droplets when coughing or sneezing.

Vaccination helps keep your children healthy and protected against the flu. The more people get vaccinated, the lower the chances of the flu spreading. Vaccinating children has been shown to prevent severe illness and hospitalization across all age groups.

Flu vaccination should be done every year because the virus can change annually, and our immune system needs to learn how to recognize it and respond effectively to stop it.

The possible side effects after receiving the intranasal vaccine are usually mild and short-lasting, such as: nasal congestion, runny nose, and headache.

The Regional Ministries of Health (Consellería de Sanidad) and Education (Consellería de Educación) are working together to carry out flu vaccination at schools for children in 1st, 2nd and 3rd year of the second cycle of early childhood education.

We are writing to provide you with all the necessary information regarding the flu vaccination campaign for the 2025/26 school year, which will take place in schools.

The vaccine to be used is Fluenz® INTRANASAL, which is administered as 0.1 ml of liquid into each nostril. Vaccination will be carried out by healthcare professionals from the health center assigned to the school, who will travel to the school to administer the vaccine.

School-based vaccination, while optional, is intended to make access easier for all children born between 2020 and 2022, improving protection against this disease.

At the beginning of the school year, your child's school will provide information on how and when the vaccination will take place, along with all related documents (information leaflet, consent forms, etc.). In case of special situations such as specific medical conditions or contraindications to the intranasal vaccine, please contact your local health center. For more information, you may visit the websites of the Regional Ministry of Health and the Regional Ministry of Education.

Thank you in advance for your attention and cooperation,