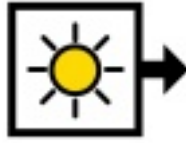
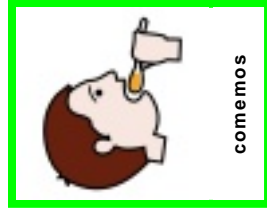


1



1

Hoy



comemos



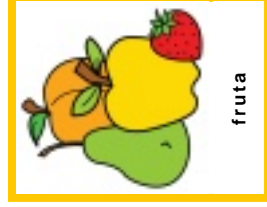
ensalada



pasta

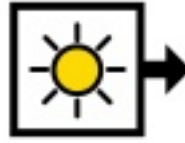


merluza



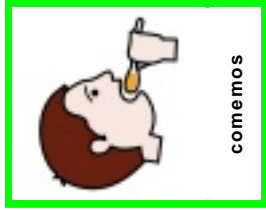
fruta

2



2

Hoy



comemos



lentejas



pollo

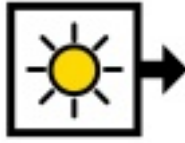


revuelto de verduras



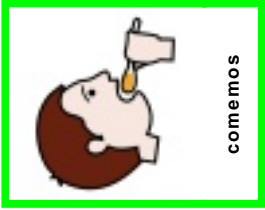
fruta

3



3

Hoy



comemos



arroz

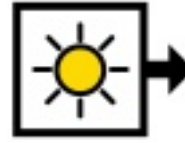


abadejo



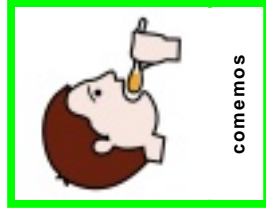
fruta

4



4

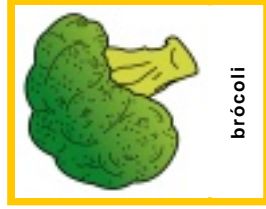
Hoy



comemos



garbanzos



puré

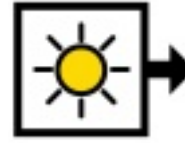


brócoli



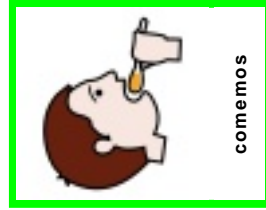
fruta

5



5

Hoy



comemos



garbanzos



puré

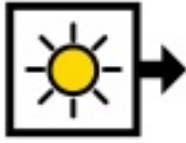


garbanzos



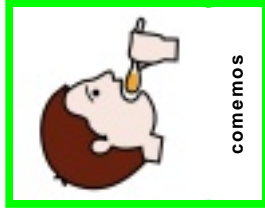
yogur

8



8

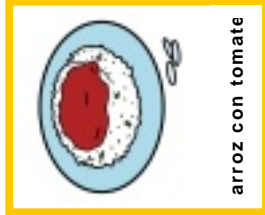
Hoy



comemos



ensalada



arroz con tomate

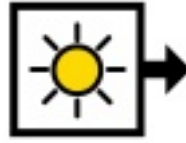


tilapia



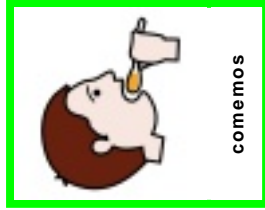
fruta

9



9

Hoy



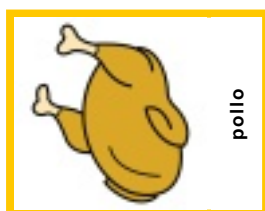
comemos



ensalada



garbanzos

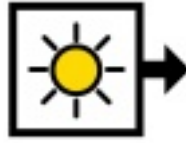


pollo



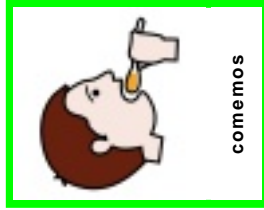
fruta

10



10

Hoy



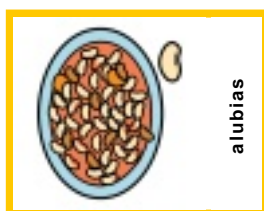
comemos



ensalada



judías verdes

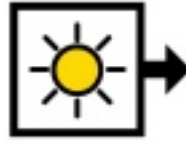


alubias



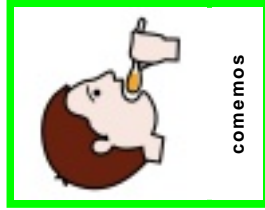
fruta

11



11

Hoy



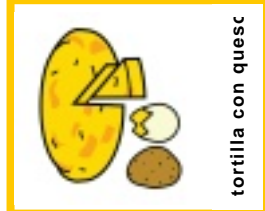
comemos



ensalada



pasta

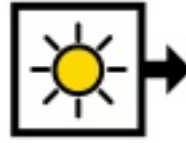


tortilla con queso



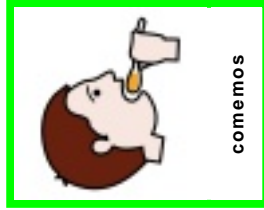
fruta

12



12

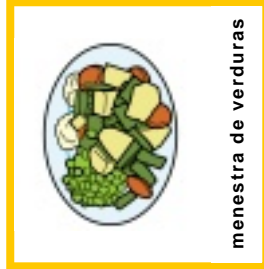
Hoy



comemos



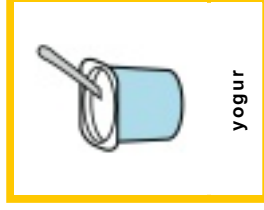
ensalada



menestra de verduras



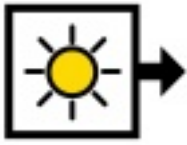
merluza



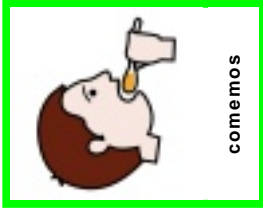
yogur

# 15

15



Hoy



comemos



ensalada



pasta



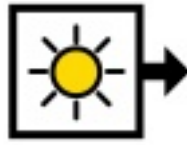
lomo



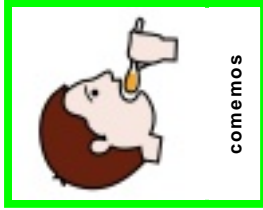
fruta

# 16

16



Hoy



comemos



ensalada



verduras huevo y atún



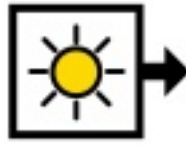
garbanzos



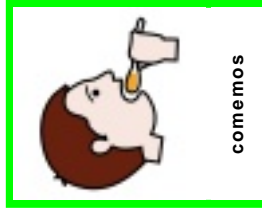
fruta

# 17

17



Hoy



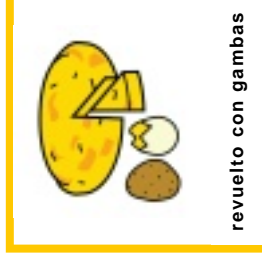
comemos



ensalada



lentejas



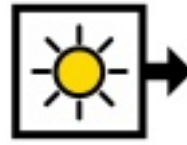
revuelto con gambas



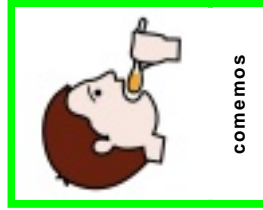
fruta

# 18

18



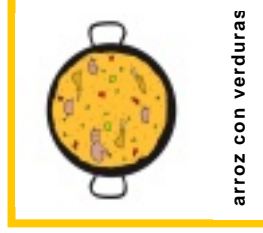
Hoy



comemos



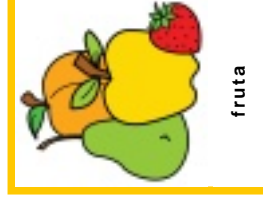
ensalada



arroz con verduras



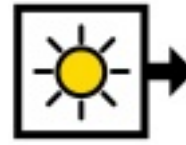
merluza



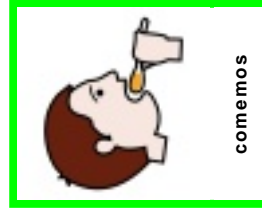
fruta

# 19

19



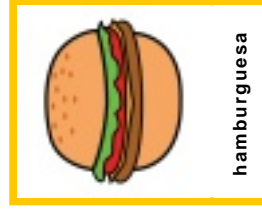
Hoy



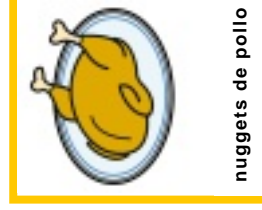
comemos



ensalada



hamburguesa



nuggets de pollo



yogur

