



Creating Sustainable Cities

Urban mobility, cycling, trees, and personal action for sustainable urban environments



What Is a Sustainable City?

Environmental Respect

Reducing pollution and using resources responsibly

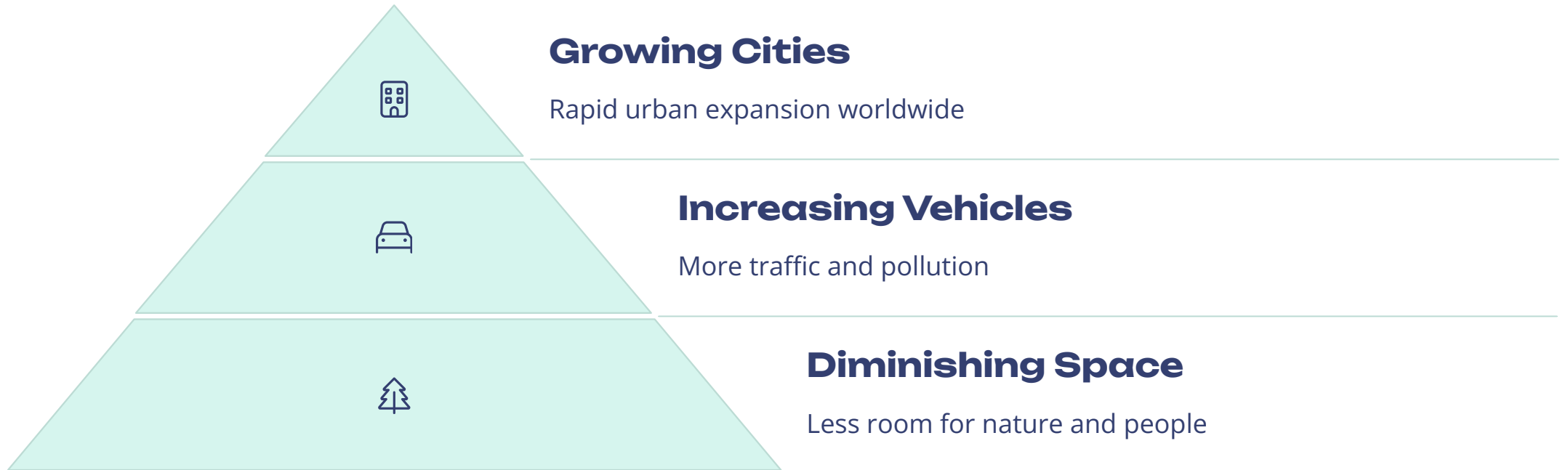
Human Well-being

Supporting health and quality of life

Future-Focused

Designed for current and future generations

The Challenge of Urban Growth



Why Cities Need More Bikes



Less Air Pollution

Zero emissions for cleaner air



Reduced Traffic

Bikes take less space than cars



Better Health

Active transportation improves wellbeing



Affordable Mobility

Lower costs make transportation inclusive



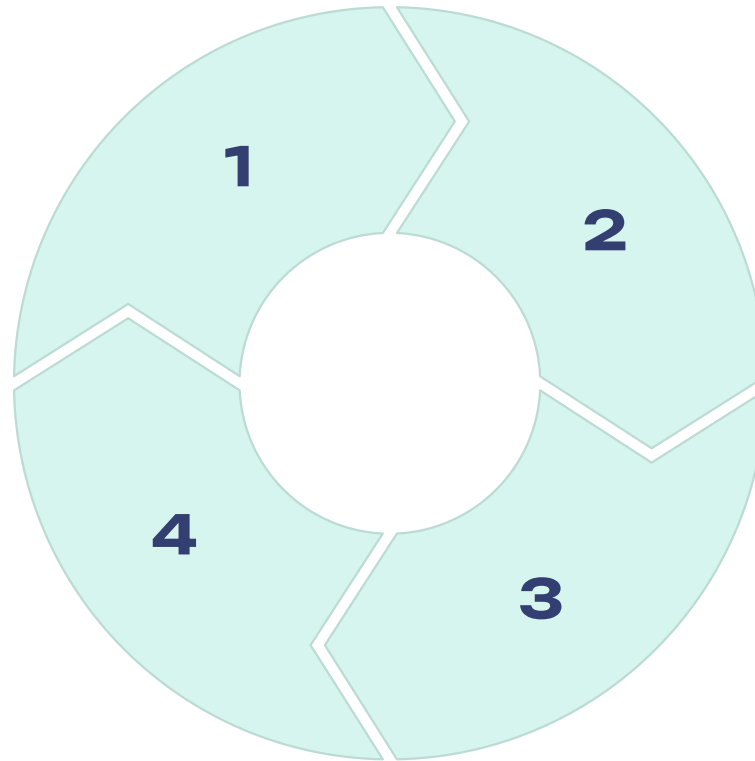
Integrating Cycling with Transit

Bike to Station

Start journey on two wheels

Bike Sharing

Complete last mile with shared bikes



Secure Parking

Safe bike storage at transit hubs

Public Transport

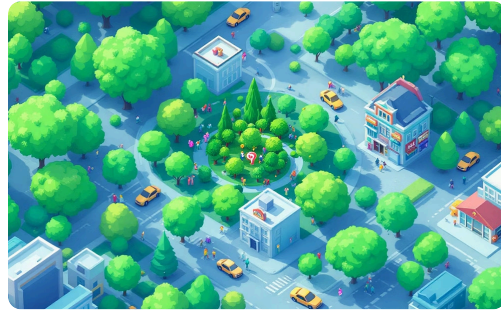
Trains, trams, buses for longer distances

Why Cities Need More Trees



Clean Air

Trees absorb CO2 and release oxygen, improving air quality.



Cooler Cities

Tree shade reduces the urban heat island effect, lowering temperatures.



Mental Health

Green spaces reduce stress and improve mental well-being.



Biodiversity

Trees provide habitat for birds, insects, and other wildlife, enhancing biodiversity.

Urban Gardening Potential

Food Security

Boost local food production, reduce transportation distances, and provide fresh produce in underserved urban areas.

Community Building

Cultivate connections through shared gardens, fostering community spirit and facilitating knowledge transfer across generations.

Education

Enhance understanding of food systems and develop practical skills, empowering individuals to engage with sustainable practices.

Vision for Sustainable Cities

Safe Streets

Children biking to school independently

Natural Connection

Tree-lined neighborhoods with biodiversity

Community Spaces

Gardens and parks for gathering

Clean Environment

Fresh air and reduced noise pollution

