RECIPE OF STUFFED MEAT

INGREDIENTS:

* 4 pieces of loin
* 1 egg
* 1 bag of bread crumbs
* 4 slices of ham
* 4 slices of cheese

UTENSILS:

* 2 bowls
* 1 spoon
* 1 knife
* 1 frying pan

THE METHOD:

1. Open the pieces of loin in half.
2. Fill them with ham and cheese.
3. Pass it through egg and bread crumbs.
4. Put oil in the frying pan and heat it.
5. While it warms up, put chopsticks in the meat.
6. Finally, fry the meat.